



Portland Highland Games Association, Inc. | World-Class Scottish Athletics, Dance, Piping, & More

## 2009 PORTLAND HIGHLAND GAMES Kilted Mile Race

The Kilted Mile dates back to the reign of King Malcom III who ruled Scotland during the 11th century. At that time the foot race started at Braemar Castle and finished at the grim Creag Choinnick....

The Kilted Mile has been an event at the Portland Highland Games since 1991. This year will mark the 20th Portland Highland Games Kilted Mile. Runners compete in age/gender specific categories. The fastest overall runner is awarded 2 perpetual awards: The Memorial Sword and the George Kelly Memorial Award. The top runners from each category also receive awards. All runners receive a commemorative t-shirt.

1. The race is run rain or shine on the track of the Main Field at Mt Hood Community College, site of the 2009 Portland Highland Games.
2. The race is held at approximately 12:45p.m, following the Welcoming Ceremony.
3. All runners must wear a standard kilt, shirt (with number attached), and running shoes. Runners can borrow a kilt from a limited number made available on the day of the race.
4. Registration for the race is possible online at [www.phga.org](http://www.phga.org) or by mail-in entry.
5. The registration fee includes admission, race, T-shirt.
6. The field will be limited to 30 runners. Field registration may be possible.
7. Numbers will be mailed approximately 2 weeks prior to the race. Late registrants will be considered as space allows.